



PALETTE

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Exploring the colorful palette of unity through plurality

2024-3-EL02-KA153-YOU-000271437

INFOPACK



THESSALONIKI
18-23 November 2025
17 & 24 Travel Days



YOUTHABILITY



Co-funded by
the European Union



THE HOST

YOUTHABILITY

YOUTHABILITY is a dynamic organization dedicated to empowering young people in Kastoria through various educational, developmental, and empowerment initiatives. Through workshops, seminars, and training sessions, we provide educational opportunities covering essential skills like leadership, entrepreneurship, and critical thinking.

Our mentoring and coaching services further support youth development, fostering confidence and self-esteem through personalized guidance. We prioritize youth empowerment by encouraging active citizenship and involvement in community service projects and advocacy campaigns.

Collaboration is key for us, as we build partnerships with NGOs, government agencies, and community organizations to maximize our impact. Training programs equip young individuals with the tools to address global issues, while our advocacy efforts raise awareness and promote youth participation in decision-making processes. Additionally, we facilitate networking and partnership building among youth-led organizations and stakeholders, fostering collaboration and collective action for positive change.

Find us on:

 youthability.gr

 [Facebook: Youthability](https://www.facebook.com/Youthability)



ABOUT THE PROJECT

The **PALETTE** project by Youthability focuses on addressing the limited cultural exposure of many young Europeans, who often do not travel beyond their home country and therefore miss out on engaging with Europe's cultural diversity.

The project's main goal is to equip youth workers with the tools, knowledge, and methods to encourage young people to explore and appreciate different European cultures, fostering curiosity, intercultural understanding, and a stronger sense of European identity.

While travel is valuable, the project emphasizes that cultural exchange can also happen locally, through discussions, activities, and creative projects that highlight Europe's shared history, traditions, and contributions (e.g., ancient Greece, the Enlightenment).

Ultimately, PALETTE seeks to help youth workers guide young people in broadening their horizons, strengthening their connection to the European Union, and embracing their identity as European citizens.

Participating Organisations:



YOUTHABILITY (Greece) → **5 participants**



4COMMUNITY (Poland) → **5 participants**



AALEN ANTAKYA KÜLTÜR DERNEĞİ (Turkey) → **5 participants**



Asociatia Culturala Moldavia (Romania) → **5 participants**



Fiatalok Egységben Egyesület (Hungary) → **5 participants**



Zavod Boter (Slovenia) → **5 participants**

OBJECTIVES

The **PALETTE** project aims to:

1. Increase cultural awareness among youth workers

- Equip youth workers with tools and methods to inspire young people to appreciate and engage with different European cultures.
- Foster curiosity about cultural diversity even when young people cannot travel.

2. Strengthen European identity

- Help young people see themselves as part of a shared European community.
- Highlight how diverse cultures, histories, and traditions are interconnected within Europe.

3. Use creative, non-formal methods to inspire learning

- Role-playing as historical and cultural figures (e.g., Shakespeare, Marie Curie, Alexander the Great) to bring history and culture to life.
- Virtual reality experiences of iconic European landmarks (e.g., Acropolis, Tower of London).
- Documentary screenings, discussions, and storytelling to engage youth in deeper cultural reflection.

4. Develop multipliers in youth work

- Train 30 youth workers from Greece, Turkey, Romania, Poland, Slovenia, and Hungary to act as cultural ambassadors.
- Ensure they can transfer new approaches and techniques back to their local communities.

OBJECTIVES

5.Promote inclusion and accessibility

- Engage youth workers who often support young people with fewer opportunities (e.g., from rural, low-income, or marginalized backgrounds).
- Offer them alternative ways to experience and learn about cultures without needing to travel abroad.

6.Create sustainable impact through resources & networking

- Develop a methodological handbook with best practices and tools for intercultural youth work.
- Build lasting networks of youth workers across participating countries for future collaboration.



PALETTE

ABOUT THE MOBILITY

Activity Title: Cultural Bridges through Tools and Techniques for Youth Workers

The **PALETTE** mobility activity will bring together 30 youth workers from Greece, Poland, Turkey, Romania, Slovenia, and Hungary for a five-day professional development training in Thessaloniki, Greece. The participants, aged 18+ years old, come from diverse fields such as education, NGOs, community centers, and cultural institutions. Many of them work closely with young people from disadvantaged or marginalized backgrounds and will act as multipliers, transferring the knowledge and skills gained back to their local communities.

The program focuses on intercultural dialogue, cultural awareness, and European identity, using creative and non-formal learning methods such as role-playing, virtual exchanges, hands-on workshops, and group reflections. By doing so, it will enable youth workers to inspire curiosity about European cultures and help young people especially those who cannot travel abroad. explore and understand Europe's diversity.

A strong emphasis will be placed on balance and inclusion, ensuring equal gender representation, fair distribution of participants across partner countries, and a dynamic mix of ages and experiences. This variety will create an environment where seasoned professionals and younger youth workers can learn from one another, fostering intergenerational knowledge-sharing.

The mobility will ultimately strengthen youth workers' competences, expand their professional networks, and provide them with innovative tools to promote cultural diversity and European identity within their daily practice, making a long-lasting impact on their communities.



Thessaloniki

18-23 November

17 & 24 are Travel Days

AGENDA

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
Arrival of the participants and Check-in at the Venue	10:30-12:30 Opening session: introduce PALETTE project, share motivations, align goals, build foundation for collaborative learning journey.	10:30-12:30 Watch European culture documentaries, discuss stereotypes, reflect on similarities and differences across diverse cultural backgrounds.	10:30-12:30 Role-play historic figures, present portrayals, answer questions, reflect on cultural perspectives gained.	10:30 – 12:30 Interactive workshop: explore European cultural heritage, analyze case studies, discuss its role in inspiring youth work.	10:30 – 12:30 Evaluation session: reflect individually and collectively, draft action plans, plan dissemination activities.	Departure of the participants and Check-out
	Lunch	Lunch	Lunch	Lunch	Lunch	
	14:00 – 16:00 City exploration challenge: discover Thessaloniki landmarks without digital maps, encourage teamwork, problem-solving, and cultural connection.	14:00-16:00 Presentations on historic figures shaping Europe, guided discussion on their influence and cultural significance today.	14:00 – 16:00 Workshop: brainstorm ways to integrate history and heritage into youth work practices.	14:00 – 16:00 Creative activity: design heritage-based mini-projects, share ideas, and receive peer feedback for implementation in local communities.	14:00 – 16:00 Closing ceremony: recap learnings, celebrate achievements, award Youthpass certificates, strengthen network connections.	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	

PARTICIPANTS' PROFILE

Participants of the **PALETTE** project have the following profile:

- 30 participants (5 from each country)
- Youth workers, trainers, and leaders (18+ years old)
- **Professional Background:**
 - Active youth workers, trainers, educators, and NGO staff engaged in non-formal education and youth empowerment.
 - Experienced in working with young people, especially those from vulnerable or marginalized backgrounds (e.g., young people with disabilities, minority groups, migrants, or those facing social exclusion).
 - Skilled in intercultural collaboration and motivated to exchange good practices at the European level.

The selection criteria of participants are:

Most participants are expected to be young adults from 18 years old, motivated to enhance their professional competences and bring new perspectives into their organizations. Selection criteria prioritize those who:

- Have experience working with disadvantaged youth or show strong potential to become community youth workers.
- Are eager to strengthen their skills in social entrepreneurship, intercultural communication, and non-formal education.
- Demonstrate commitment to inclusion, tolerance, and active citizenship.
- Can act as multipliers, applying and sharing the knowledge gained within their organizations and communities after the mobility.
- Are motivated to participate in follow-up and dissemination activities, ensuring long-term impact.

A balanced group composition is ensured, with equal representation from all partners and attention to gender balance and diversity of backgrounds. This mix of experiences and perspectives enriches the learning process, promotes intercultural dialogue, and strengthens collaboration across borders.

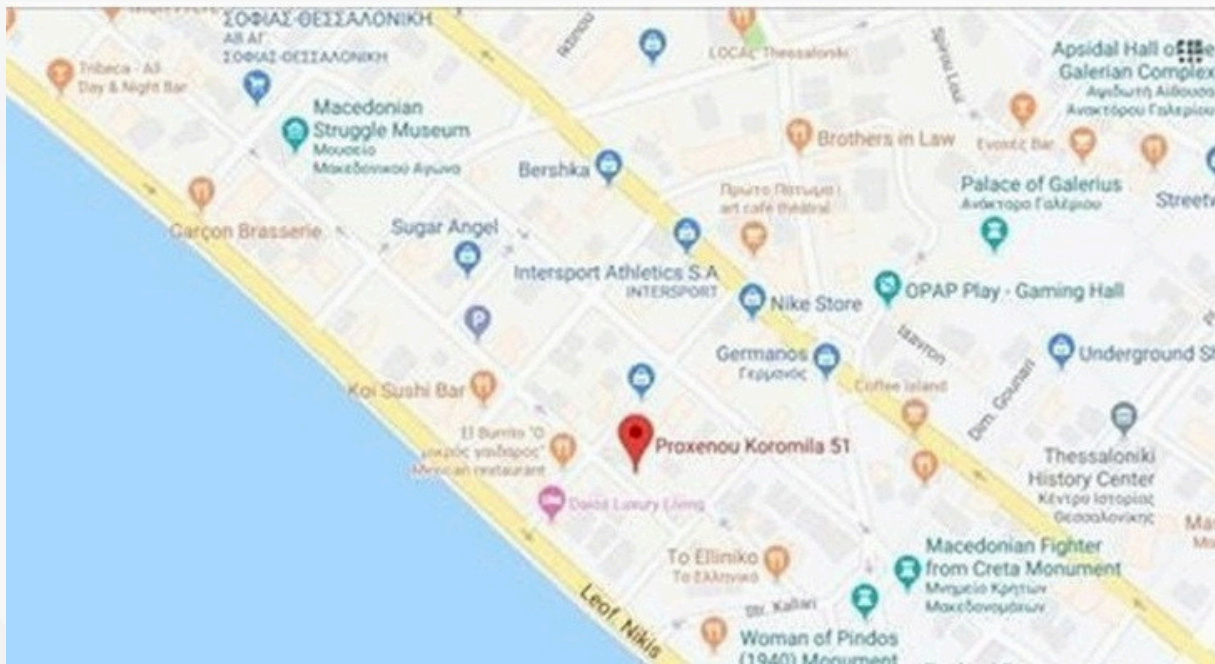


PREPARATION OF PARTICIPANTS

- The mobility will be in **English** and therefore participants should be able to communicate in English.
- All participants are expected to participate **fully in all activities**, except in the case of illness. Unauthorised absence from activities is not permitted. The activities will be designed and conducted in such a way that all participants have the opportunity to contribute their points of view. We expect you to participate and contribute.
- Before your travel, participants should check the documents they need to cross the border into Greece and whether they have them.
Pay attention to the expiry date!
- Participants are encouraged to **promote the project**, share the results achieved and carry out **dissemination activities**.
- **Intercultural Night:** Participants are requested to present their home country and its culture to the group (presentations are optional) by telling a short story about it, bringing some traditional food, perform a dance, or some other tradition.
- **Youthpass Certificates:** All participants will receive a Youth pass certificate at the end of the mobility.

TRAINING FACILITIES

The activity will take place in Thessaloniki which is the second largest city of Greece, a unique city of different cultures and civilizations; it will offer you a wonderful experience. The Youth Urban Planning Workshop will take place in the Conference Room of the Organisation facilities, in the city center. There is a large, fully equipped Meeting Room along with all necessary facilities to host this Activity.



Proxenou Koromila str. 51, 1st Floor, GR-546 22, Thessaloniki

ACCOMMODATION, MEALS & TRAINING VENUE

Pella Hotel

Situated in the historic and commercial core of Thessaloniki on Ionos Dragoumi Street, placing it within walking distance of key sights like the Museum of Byzantine Culture, Archaeological Museum, Modiano & Kapani markets, and Aristotelous Square. Guests consistently highlight the outstanding location, friendly and helpful staff.

Room Types & Configuration

While the standard options in the hotel include Single, Double, Twin, and Triple rooms, for your project all rooms are specified to be either Triple (3 single beds) or Twin.



Lunch and dinner will be covered from the host organisation of the project.

Breakfast is served daily in a nicely decorated hall from approximately 7:30 AM to 10:30 AM—a buffet with filtered coffee, juice, cereals, omelettes, meats, cheeses, cake, and seasonal fruit.



TRAVEL REIMBURSEMENT

Per participant
(max amount)



YOUTHABILITY (Greece) → **0€**



4COMMUNITY (Poland) → **309€**



AALEN ANTAKYA KÜLTÜR DERNEĞİ (Turkey) → **309€**



Asociatia Culturala Moldavia (Romania) → **309€**



Fiatalok Egységben Egyesület (Hungary) → **309€**



Zavod Boter (Slovenia) → **309€**

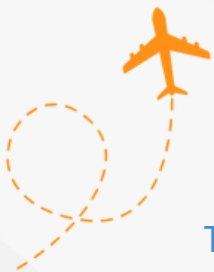
TRAVEL



In line with the Erasmus+ Programme, travel costs will be refunded according to the distances calculated using the European Commission distance calculator. The participants themselves should cover any extra costs overcoming the budget limits. **To ensure the best connection and management of participants, flight tickets should be bought by the participants/sending organization.**

Travel tickets should be economy class and before buying tickets inform Youthability (send an email to youthability.ngo@gmail.com for approval) of your travel itinerary, when you will arrive and when you will departure from training. **1st class or other upper class flight tickets, taxi costs (in country of origin) and travel agencies fees are not eligible and will not be refunded.**

Airport: THESSALONIKI MAKEDONIA AIRPORT



You fly to and from Thessaloniki Makedonia Airport
(<https://www.skg-airport.gr/en>).

To reach the city center you have to take the bus No 01X just outside Arrivals. The ticket costs 2 EUR and you can either buy it from the kiosk near the bus stop or from the ticket machine inside the bus (please have with you a 2 EUR coin as the machine does not take notes or gives change). This bus (No 01X) goes straight to the city center with few stops during its route.



IMPORTANT: For those who arrive after 22:00 in the night, the bus number is 01N, again just outside Arrivals (the same bus, just with fewer stops)

PRACTICAL INFORMATION

Buses: Organisation of Public Transport of Thessaloniki – OASTH (<http://oasth.gr/>). Buses are coloured red, blue and white (with colour strips on their sides). Ticket costs 1 euro/route.

METRO: The Thessaloniki Metro operates daily with the following schedule:

The Thessaloniki Metro offers a Single Ride Ticket for €0.60, valid for 70 minutes per trip, a 10+1 Ticket Bundle for €5.80, and a Daily Ticket that allows unlimited metro use for 24 hours from the first validation.

Sunday to Thursday: 5:30 AM – 12:30 AM

Friday and Saturday: 5:30 AM – 2:30 AM



Police Number: Call the number 100 or 112 which is the European emergency number. But please be sure you will not call the Police. Thessaloniki is a very safe city, and you will always see people walking around any time of the day and night. However, protect yourself and do not put yourself into risk.



Medical Emergency: Number: 166 or 112 which is the European emergency number. In case of a health emergency call also one of our team members to help you. Keep your European Health Insurance Card always with you, along with your ID/Passport.

THE EUROPEAN HEALTH INSURANCE CARD

The European Health Insurance Card is a free card that gives you access to state- provided healthcare during a temporary stay in any of the 27 EU countries, Iceland, Lichtenstein, Norway and Switzerland, under the same conditions and at the same cost (free in some countries) as people insured in that country.

The European Health Insurance Card is issued by your national health insurance provider. You can find more information here: <http://ec.europa.eu/social/main.jsp?catId=563&langId=en#nationalinfo>

REIMBURSEMENT

Reimbursement will be made upon full attendance of the activity, submission of Participants' Report (this is MANDATORY) via the Beneficiary Module and upon providing original evidence of participants' travel:

1. Travel Itinerary.
2. All original payment receipts of ticket purchasing and Visa where required.
3. All original Bus/Train tickets to/from the airport (use of TAXI or private car for use in the country of origin will NOT be covered).
4. Boarding passes (in case of electronic boarding passes, you should keep a screen shot and email them to Youthability before flying).
5. Copy of ID/Passport.
6. Submission of Participants' Report.

People who are coming late or leaving early at the Activity will not have their travel costs refunded.

Note that if you buy your tickets in a currency different to EURO, calculation of travel reimbursement will be calculated according to the exchange rates given on the official European Commission website for the month of the ticket purchase. All travel reimbursements will be done to the Sending Partner Organizations' Bank Accounts and not to each participant individually.

THESSALONIKI

MANY STORIES, ONE HEART!

Thessaloniki is Greece's second-largest city, located in the northern part of the country along the Thermaic Gulf. With a rich history spanning over 2,300 years, it has been an important cultural, commercial, and strategic hub since ancient times. Known for its Byzantine and Ottoman heritage, the city boasts landmarks like the White Tower and the Rotunda. Today, Thessaloniki is a vibrant, youthful city with a thriving arts scene, lively nightlife, and delicious cuisine. It is also a key economic and educational center in northern Greece.

Thessaloniki is a vibrant city that seamlessly blends rich history with modern energy. Known for its dynamic cultural scene, diverse heritage, and lively food culture, it offers a unique mix of Byzantine churches, Ottoman mosques, and a thriving arts community. The city's youthful atmosphere, fueled by universities like Aristotle University, is complemented by bustling nightlife, scenic views of the Thermaic Gulf, and a culinary scene that delights with local specialties. Thessaloniki's charm lies in its ability to fuse ancient traditions with contemporary creativity, making it a special destination for both residents and visitors and such a suitable home for our project.



CONTACT EMAILS

General information:

YOUTHABILITY

youthability.ngo@gmail.com

Travel Confirmation & Reimbursements:

YOUTHABILITY

mobility@youthability.gr

Information during the activity :

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